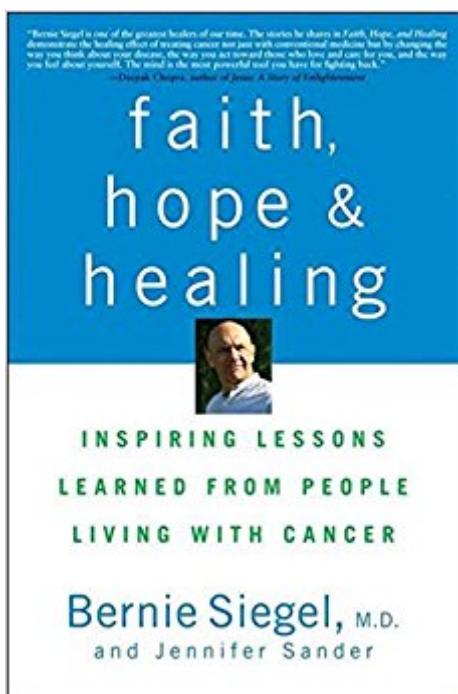


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Faith, Hope And Healing: Inspiring Lessons Learned From People Living With Cancer



Synopsis

faith, hope & healingInspiring Lessons Learned from People Living with Cancer""Bernie Siegel is one of the greatest healers of our time. The stories he shares in *Faith, Hope, and Healing* demonstrate the healing effect of treating cancer not just with conventional medicine but by changing the way you think about your disease, the way you act toward those who love and care for you, and the way you feel about yourself. The mind is the most powerful tool you have for fighting back.""-Deepak Chopra, author of *Jesus: A Story of Enlightenment*Praise for Bernie Siegel for *Prescriptions for Living*""Bernie Siegel is a brilliant beacon broadcasting a message of hope. When high-tech medicine is supplemented with love and compassion, we have not only curing but also healing, which is what Siegel's message is all about.""-Larry Dossey, M.D., author of *Healing Words*for *Help Me to Heal*""If you or a loved one have to go through major medical care . . . this book can be . . . life-saving and soul-saving.""-Andrew Weil, M.D., the New York Times bestselling author of *Spontaneous Healing* and *Eight Weeks to Optimum Health*for *365 Prescriptions for the Soul*""Bernie Siegel dispenses spiritual medicine that's good for you, and feels good too! I highly recommend these daily doses of eternal wisdom.""-Marianne Williamson, author of *Everyday Grace*""Bernie is one of the world's most respected doctors. I would pay close attention to any prescription he offers. I read from this each day.""-Wayne Dyer, author of *Getting in the Gap*""Dr. Siegel's soul medicine is dispensed in perfect doses to uplift, inspire, enlighten, and heal you. As always, Bernie's wisdom and love gave me goosebumps, or should I say god-bumps. Buy a carton of this medicine-in-a-book and administer it to everyone you love.""-Joan Borysenko, Ph.D., author of *Inner Peace for Busy People*for *Love, Magic, and Mudpies*""Dr. Bernie Siegel has been my mentor and friend for many years. His wisdom has been a beacon of healing and humor. *Love, Magic, and Mudpies* is as funny, wise, and practical as its magical author. Every parent needs this book.""-Christiane Northrup, M.D., author of *Mother-Daughter Wisdom*""Love, Magic, and Mudpies is a wonderful, wise, and very funny antidote to the No-Parent-Is-Perfect-Enough school of parenting. Bernie Siegel's delightful new book could only have been written by a seasoned father and grandfather who is also a pioneer of holistic medicine.""-Rachel Naomi Remen, M.D., author of *Kitchen Table Wisdom*""Dr. Bernie Siegel is a living demonstration of the healing power of commitment, compassion, and love. What he offers the world in *Love, Magic, and Mudpies* is a testimony of his wisdom. No matter what ails you, a dose of Bernie Siegel and his work is sure to work magic in your soul.""-Iyanla Vanzant, author of *One Day My Soul Just Opened Up*for *Peace, Love & Healing*""Bernie Siegel [is] a doctor who loves. In this age of massive, impersonal medical technology, his advocacy of human caring is a necessity.""-Larry LeShan, Ph.D., author of *Cancer*

as a Turning Point""I was enthralled with this book. [This] truly great book ... combines sound thought with captivating humor.""-Norman Vincent Peale

Book Information

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Customer Reviews

In this collection of first-person accounts, doctor and author Siegel (Love, Medicine, and Miracles) brings together almost three dozen cancer patients (or close relations of) to share their stories and the lessons they've learned. Many entries tackle the moment of diagnosis (the first, from survivor Angela Passidomo Trafford, opens with the line, "How many times do I have to have cancer?!"), while others pick up at the moment the diagnosis first hits home; still others focus on the end, like Ann Martin Bowler, whose sick brother passed days after a reinvigorating near-death experience. Lynn Zeller contributes a list of the "eight practices" she discovered through cancer that have led to a "wonderfully expanded experience of life" (including a focus on gratitude, mindfulness, and the idea that the universe "is in a conspiracy for my good"); Edwina Ford focuses on her afflicted husband's admiration, and efforts on behalf, of Lance Armstrong's post-surgery Tour de France comeback. For each piece, Siegel provides a reflection and a moral ("Life's difficulties are what teach us to grow") that clarify and encourage. Anyone struggling with cancer will find many relatable voices and, in Siegel, a compassionate expert commentator. Copyright Ã © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

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This is so very helpful. It was suggested by a professional in the health-care field, and it has lived up to her recommendations. I have suggested it to others. It is not only for cancer folks.

These were great stories of cancer survival. They are especially helpful when a person has just been diagnosed.

Inspiring lessons

I have been a devoted follower of Dr. Siegel for over 20 years now. I have purchased numerous copies of "Love, Medicine and Miracles" to share with friends of mine going through tough times. He has managed to provide even more insight and hope with "Faith, Hope and Healing". Dr. Siegel is truly an original and provides hope and healing in a hurting world.

This is a great book for putting your arms around a diagnosis of cancer and how to deal with it. A positive attitude and hope is crucial to getting better. Faith takes some of the burden of fear and angst away. Good read. Bernie Siegel does a terrific job helping one learn to cope with this diagnosis.

Wonderful book, inspiring.

Bernie Siegel shares his experiences and knowledge with those of us who need it!

Excellent!

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